

The Importance of Lent

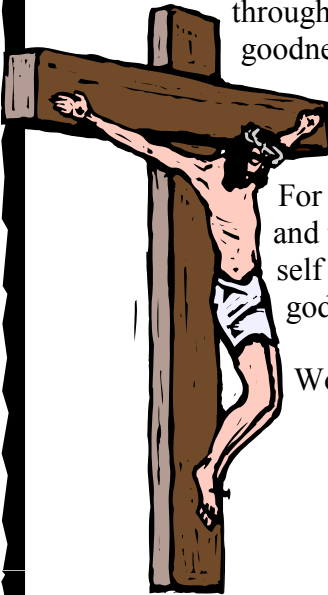
We are now in the season of the church year known as Lent. Lent is a time of reflection and repentance that calls us to remember the life of our Lord Jesus Christ and to especially remember his sacrificial love for all humanity. March 28 will be Palm Sunday; the time of Jesus' triumphal entry into Jerusalem. April 1 will be Maundy Thursday commemorating the Passover and Jesus' last meal with his disciples when he introduced them to the Eucharist. The next day is Good Friday when Jesus was tried and crucified and his disciples deserted him. We look forward with great joy to Easter Sunday and the resurrection of Jesus.



The story of the life of our Lord is one that we should not only share with our families through precious and sacred tradition but one that we will also share with others. I pray that this year Lent can be a journey for us that lifts us up, nurtures and helps us in every aspect of our life. May the passion of Jesus Christ become real to us and may his sacrifice redeem us, and give us courage and hope in every trial we face.

"His divine power has given us everything we need for life and godliness through our knowledge of him who called us by his own glory and goodness. Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature and escape the corruption in the world caused by evil desires

For this reason, make every effort to add to your faith goodness, and to goodness, knowledge; and to knowledge, self control, and to self control, perseverance; and to perseverance godliness; and to godliness, kindness, and to kindness, love." 2 Peter 1:3-7



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